

**Directions to  
Valley Eye Physicians and Surgeons  
190 Groton Road, Suite 240  
Ayer, MA 02493  
978-772-4000**

**We are located in the Medical Office Building at the Nashoba Valley Medical Center.**

**From the East (Concord, Boston)**

Route 2 West to exit 38B (Ayer - Harvard Route 110). Follow Route 110 for 2 miles to the Ayer Rotary. Turn right off the rotary immediately after McDonald's onto Main Street (Route 2A). Follow Main Street 0.3 miles then turn right onto Harvard-Groton Road at the blue "H" sign. Go straight through 2 stop signs. At the second stop sign, take a right onto Groton Road. The Hospital is on the left, 1.3 miles from the start of Harvard-Groton Road. The Medical Office Building is to the left of the Hospital.

**From the West:**

Route 2 East to exit 38B. Continue as above.

**From the North:**

South on Interstate 495 to exit 31 (Littleton Common - Groton, Route 119). Bear Left and head west on Route 119 toward Groton. Turn left onto Old Ayer Road just before coming to Groton Center. Proceed 2.0 miles to the Nashoba Valley Medical Center, which is on the right. The Medical Office Building is to the left of the Hospital.

**From the South:**

North on Interstate 495 to exit 29B (Route 2 West). Proceed as "From the East" above.

